

Mommy Makeovers Today...So Much More than Before!

Motherhood is one of life's greatest joys, bringing delight, pride and profound emotional fulfillment - but for some women, along with that joy comes a steep toll on their body, affecting their self-confidence. If you've implemented a rigorous diet and exercise plan, and are still dissatisfied with the way that pregnancy and breastfeeding has affected your appearance, the affectionately named "Mommy Makeover" may be the solution.

In years past, the term "Mommy Makeover" (MM) in a cosmetic surgery context usually meant some combination of three procedures: breast augmentation and/or lift, tummy tuck, and/or liposuction. Today, not only does a Mommy Makeover include so many more options to help restore confidence postpartum – many "traditional" MM procedures have undergone makeovers of their own!

Just as each Mom is different, so is each Mommy Makeover. Using a combination of surgical, minimally invasive and non-invasive techniques, a skilled cosmetic surgeon such as double board-certified Dr. Peter Capizzi is able to create a comprehensive MM, individualized for each patient's lifestyle. Within one 5-6 hour session, Dr. Capizzi empowers his Mommy Makeover patients to reach their vision of their best selves.



The New Mommy Makeover: Head to Toe

Today's cosmetic surgeons have far more than implants and scalpels at their disposal to help you in your transformation. From lasers and fillers taking the place of some surgeries, to new uses for tried and true procedures, there are a multitude of options to ask your cosmetic surgeon about at your consultation.

The Not-so-Basics: Breast, Belly and Buttocks: the areas for which most MM patients request treatment, and where procedures both new and updated make a dramatic difference. **Ask about:** ["Gummy bear"](#) implants (the "gold standard" of stability and versatility); the use of [Sculptra](#) (an injectable that stimulates collagen production) for gluteal enhancement; [liposuction](#) of the abdomen and the bra roll; the [drainless tummy tuck](#) (with faster recovery).

Rejuvenate from the Inside Out: Moms – especially those who have undergone multiple vaginal births – know that sometimes, their most intimate area needs some help to get back to its former self. **Ask about:** laser vaginal rejuvenation with [diVa](#); [labiaplasty](#).

For more information, contact us at:

MommyMakeoverMe.com/contact/

704-655-8988

Smooth Away those Sleepless Nights: Even labors of love can leave their mark – worry lines, drooping brows, undereye circles, and more may leave moms unhappy about facing their mirrors even after their children are sleeping through the night. **Ask about:** [Profound®](#) for a non-surgical treatment that will help with cellulite and other areas of concern such as textured areas of the face, and for a scar-free brow lift; the latest in injectables including [Voluma](#) and [Kybella](#); and the [Sciton® Microlaser Peel](#), which produces dramatic improvement of skin texture and discoloration.

Don't Sweat It: Postpartum perspiration dampening your spirits? [miraDry®](#) is a safe, non-surgical, clinically proven, FDA-cleared answer for significantly reducing underarm sweat.

